Curriculum Intent Statement

KS2 National Curriculum	Time	7	8	9	10	11
Health and wellbeing: healthy lifestyles, mental health, ourselves, growing and changing, keeping safe, drugs, alcohol and tobacco Relationships: families and close positive relationships, friendships, managing hurtful behaviour and bullying, safe relationships, respecting self and others Living in the wider world: shared responsibilities, communities, media literacy & digital resilience, economic wellbeing: money, aspirations, work and career.	**Autumn Term 1**	**Theme – RSE** Who am I? Changing bodies Healthy inside and out	**Theme – RSE** Created and chosen Appreciating differences Feelings	**Theme – RSE** The search for love Love people use things In control of my choices	**Theme – RSE** Authentic Freedom Self-image	**Theme- RSE** Self-Worth Alcohol, Drugs and Dependency Mental Wellbeing
	Autumn Term 2	**Theme – RSE** Where we come from Family and friends My Life on screen Living Responsibly	**Theme – RSE** Before I was born Tough Relationships Think before You Share Wider World	**Theme – RSE** Fertility and contraception Commitment and Marriage Safe and Smart Online Human Rights and Wrongs	**Theme – RSE** Beliefs, values and attitudes Parenthood Pregnancy & Abortion Online Influences Solidarity	**Theme- RSE** Family Planning and Fertility Sexual Health Pornography
	Spring Term 1	**Theme – Diversity, Life skills and Online safety** What is diversity? Recognising and preventing bullying Developing your leadership skills Managing risk: travelling safely	**Theme – Diversity, Life skills and Online safety** Challenging Gender stereotypes Gambling: The Facts Managing risk: looking after your personal safety Media Literacy: Interpreting information online	**Theme – Diversity, Life skills and Online safety** Recognising and preventing discrimination Financial choices: budgeting, saving and debt Social influences: young people and gangs Online safety: sex and consent online	**Theme – Diversity and inclusion and Life skills** Challenging prejudice and discrimination Managing risk: unsafe and emergency situations Planning and organizing: revising effectively Bullying: Offline and Online	**Theme – Diversity and inclusion, life skills and online safety** Know your rights: the Equality Act 2010 Gambling: risks, consequences and safety Financial choices: managing finances in the world of work Staying safe online: misinformation and extremism
	Spring Term 2	**Theme- Online Safety and Physical health** Media literacy: staying safe online Becoming a responsible digital citizen Smoking and vaping: risks and consequences FGM: Facts and risks Maintaining a balanced diet	**Theme- Online Safety and Physical health** Media Literacy: data, advertising and persuasive design Addictive Substances: alcohol Healthy Lifestyles: exercising for physical and mental wellbeing Taking responsibility for your physical health	**Theme – Physical health** Addictive substances: legal and illegal drugs Healthy lifestyles: achieving balance Healthy lifestyles: health services, self examination and vaccination Healthy lifestyles: accessing health services	**Theme – Online safety and Physical health** Staying safe online: protecting your personal data Staying safe online: AI, risks and critical thinking Alcohol: risks, consequences and safety What is a healthy lifestyle	**Theme –Relationships, families and friends and Physical health** Control, coercion and grooming Illegal drugs: risks, consequences and support Substance addiction: how to seek help Managing our health: services and support Screening, prevention and medicines
	Summer Term1	**Theme-Relationships, family and friends, Reproductive health, consent and sex and Wellbring and Mental Health** What makes a healthy relationship? Coping with change-bereavement, divorce and separation Understanding menstruation Growing up: physical and mental changes What is mental health?	**Theme-Relationships, family and friends, Reproductive health, consent and sex** Understanding marriage and civil partnerships Overcoming conflict and finding forgiveness Spotting unhealthy and abusive relationships Harmful relationship behaviour: recognizing the signs Sexuality and Attraction: an introduction	**Theme-Relationships, family and friends, Reproductive health, consent and sex** Family life: parenthood and caring Social influences: tackling peer pressure Relationships and conflict What is good communication? Sex, relationships and the media	**Theme-Physical health, relationships, family and friends** Health-related choices: blood, organ and stem cell donation Health-related choices: aesthetic procedures Navigating social influence and pressure Changing relationships: managing your feelings The impact of relationships	**Theme -Study Skills** Study skills

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	Summer Term 2	**Theme- Reproductive health, consent and sex and wellbeing and Mental Health** Social Media and mental health Basic First Aid (TenTen) Understanding menstruation Growing up: physical and mental changes What is mental health?	**Theme- Reproductive health, consent and sex and wellbeing and Mental Health** Consent: What is it and why is it essential Mental health: talking about our emtions Self-esteem and confidence The truth about gambling Basic First aid (TenTen)	**Theme- Reproductive health, consent and sex and Wellbeing and Mental Health** Harmful sexual behaviours: harassment and the law Mental health: developing coping strategies The truth about gambling and gaming Lifesaving skills	**Theme-Relationships, family and friends, Reproductive health, consent and sex and Wellbeing and mental health** Recognising and challenging misogyny Sexuality and attraction: coming out Stalking, sexual harassment and reporting Recognising strengths in ourselves Out in Public (Ten Ten)	**Theme -Study Skills** Study skills
	Autumn Term 1	**Theme – Racism, Equality and Diversity** Our New Journey – the transitions from Primary to Secondary Identity and Characteristics Diversity Black History Month Prejudice and stereotypes Sexuality and Gender Identity	**Theme – Racism, Equality and Diversity** Wellbeing Diversity in Britain Black History Month Racism Extremism & Radicalisation Sexuality & Gender Identity	**Theme – Racism, Equality and Diversity** Wellbeing Black History Month Racism Extremism & Radicalisation Hate Crime Sexuality & Gender Identity	**Theme – Racism, Equality and Diversity** Wellbeing Black History Month Extremism & Radicalisation Hate Crime Language Sexuality & Gender Identity	**Theme – Racism, Equality and Diversity** Wellbeing Identity and Diversity Racism Black History Month College application Prep