



# Student Development Year 7 Learning Journey

Year 7

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|---|--|
| 1 | <b>Living in the wider world</b><br>Citizenship<br>British Values<br>SMSC  |
| 2 | <b>Living in the wider world</b><br>Citizenship<br>PSHCE   |
| 3 | <b>Politics &amp; Parliament</b><br>Citizenship<br>British Values<br>SMSC<br>Careers- Gatsby Benchmarks  |
| 4 | <b>Health and Well-Being</b><br>Statutory Health<br>Mental Health & Wellbeing<br>Careers- Gatsby Benchmarks  |
| 5 | <b>Sex and Relationships</b><br>Statutory Relationships and<br>Sex Education   |
| 6 | <b>Sex and Relationships &amp; Living in the wider world</b><br>PSHCE<br>Citizenship<br>Statutory Relationships and Sex Education<br>Finance Education |

- Assessment & Progress in PSHCE**
- Confidence checkers
  - End of unit quizzes
  - Pre and Post topic assessments

## Celebrating Equality and Diversity

To recognise types of stereotypes and build confidence to challenge these stereotypes. Identification of themes relating to diversity, identity, prejudice. Understanding the correct terms used when discussing sexuality and gender identity

## Careers Who am I?

Review their strengths, interests, skills, qualities and values and how to develop them.

## Safety on and off-line

Pupils begin to investigate the positive and negative use of social media. Understand how people present themselves online can have positive and negative impacts on them. To recognize dangers of carrying a weapon. The characteristics of sexual harassment including how to report incidents.

## Careers Employability skills & Qualities

To investigate the skills and qualities that employer's value

Restart a Heart

Anti-Bullying Week

Black History Month

## Living in the wider world

## Health and Well Being

Pupils learn how we are all unique; that recognising and demonstrating personal strengths build self-confidence, self-esteem and good health and wellbeing. to understand what can affect wellbeing and resilience. simple strategies to help build resilience to negative opinions, judgements and comments.

## Careers

### The Public Sectors

Pupils investigate the types of careers within the public sector

Apprenticeship week

## Politics & Parliament

Pupils understand why politics is important and investigate how our country run, including who our PM is and their political party. Pupils will understand the Electing and campaigning process.

Safer Internet day

## Careers

### Introduction to career pathways

Identify routes into work, training and other pathways.

Career week

## Health and Well Being

## Careers

**The Private Sectors**  
Pupils investigate the types of careers within the public sector

Mental Health Awareness Week

Pride Month

## Sex and Relationships – Ten Ten Programme

Pupil learn about different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect them. strategies to manage the physical and mental changes that are a typical part of growing up, including puberty and menstrual wellbeing

## Careers

### The Tertiary Sectors

Pupils investigate the types of careers within the tertiary sector

## Current Issues

Pupils investigate the impact of sharing sexual images of others without consent. How to manage any request or pressure to share an image of themselves or others, and how to get help. Pupils understand how to get help in an emergency and perform basic first aid. Pupils begin to explore issues around FGM. Pupils begin to assess and manage risk in relation to financial decisions that young people might make.

Year 8

## Relationships and Sex Education

## Living in the wider world

Each week pupils will also take part in a Votes for School session discussing and voting on a relevant current issue.



# Student Development Year 8 Learning Journey

Year 8

|   |   |
|---|---|
| 1 | <b>Living in the wider world</b><br>Citizenship<br>British Values<br>SMSC   |
| 2 | <b>Living in the wider world</b><br>Citizenship<br>PSHCE  |
| 3 | <b>Health and Well-Being</b><br>Statutory Health<br>Mental Health & Wellbeing<br>Careers- Gatsby Benchmarks   |
| 4 | <b>Health and Well-Being</b><br>Statutory Health<br>Mental Health & Wellbeing<br>Careers- Gatsby Benchmarks   |
| 5 | <b>Sex and Relationships</b><br>Statutory Relationships and<br>Sex Education  |
| 6 | <b>Sex and Relationships &amp; Living in the wider world</b><br>PSHCE<br>Citizenship<br>Statutory Relationships and Sex<br>Education<br>Finance Education |

- Assessment & Progress in PSHCE**
- Confidence checkers
  - End of unit quizzes
  - Pre and Port topic assessments

## Celebrating Equality and Diversity

To understand the impact of stereotyping, prejudice and discrimination on individuals and relationships.  
Explore how racism affect people and communities.  
The difference between biological sex, gender identity and sexual orientation.  
Understand what an extremism & Radicalisation is and how it can happen

Restart a Heart

Careers  
Investigate subjects and  
their careers links

Anti-Bullying Week

Black History  
Month

## Safety on and off-line

How to identify risk and manage personal safety in increasing independent situations, including online. The impact of sharing sexual images of yourself and others.  
To understand how people present themselves online can have positive and negative impacts on them  
To understand the impact of knife crime on the individual..  
Understand what sexual harassment is the impact on the person and how to try to combat it.

Careers  
Labour Market  
information  
What, were, how can it  
help?

## Living in the wider world

### Health and Well Being

A range of healthy coping strategies and ways to promote well-being. How to recognise when pupils or others need help with their mental health and well-being.  
The impact that media and social media can have on how people think about themselves – body image

Careers  
Stereotype  
Challenging  
stereotypes in the  
workplace

Mental Health  
Awareness Week

Careers  
Enterprise skills  
What are they and  
how can they benefit  
you

Apprenticeship  
week

Safer Internet day

Career  
week

### Health and Well Being

Pupils learn the benefits of physical activity and exercise for physical health. The role of a balanced diet as part of a healthy lifestyle.  
The positive and negative uses of drugs in society.  
Information about alcohol, nicotine and other legal and illegal substances.

Careers  
Prep for the future

## Health and Well Being

Pride Month

Careers  
Employability skills  
review

### Sex and Relationships – Ten Ten Programme

Becoming aware of our uniqueness can help us open to God.  
Understanding our identity means appreciating male/female differences.  
Managing sexual feelings requires self-control, self-respect and patience.  
Contemplating life in the womb reveals that it is both beautiful and fragile.  
In the real world of relationships, we can always be better at living with tolerance, kindness and forgiveness.

### Current Issues

Pupils establish personal values and clear boundaries around aspects of life that they want to remain private: strategies to safely manage personal information and images online, including social media.  
Pupils understand how to get help in an emergency and perform basic first aid including CPR.  
Pupils identify the risks associated with FGM.  
Pupils investigate the values and attitudes relating to finance including debt

Year 9

## Relationships and Sex Education

## Living in the wider world

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## Year 9

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### Celebrating Equality and Diversity

To define the terms extremism, terrorism & radicalisation. Understanding the different types of extremism.  
Understanding the Equality Act 2010.  
What is meant by prejudice language.  
What is Hate Crime? What groups are affected by Hate Crime.

Restart a Heart

Anti-Bullying Week

### Careers

**Business-** What is it and how are they organized?

Black History Month

### Safety on and off-line

How to safely and responsibly form, maintain and manage positive relationship, including online relationships.  
To recognise how peers can influence us online.  
To make informed decisions about whether different media and digital content are appropriate to view.  
To understand the impact of knife crime on communities and families..  
Understand the law regarding sexual harassment..

Careers  
Personal Finance

## Living in the wider world

### Key Stage 4 Ready

Options for KS4  
Personal and employability skills  
CV writing  
Goal setting  
Pathways and careers

Apprenticeship week

### Health and Well Being

Pupils learn the importance of, and the strategies for, maintaining a balance between school, work, leisure, exercise and online activities.  
The personal and social risks and consequences of substance use and misuse including occasional use.  
What is county lines?  
Understanding grooming.

Safer Internet day

Career week

Careers  
Prep for Market Place

### Careers

**The Option Process**  
What are your options and the pathways they lead to.

Mental Health Awareness Week

## Health and Well Being

Pride Month

### Sex and Relationships – Ten Ten Programme

The desire to love and be loved links to God's plan for romantic love, sexual attraction, and intimacy.  
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Knowing about methods for managing conception aids reflection on why they uphold or contravene God's plan for sex.  
Learning about different types of committed relationships leads to consideration of what relationships are desired in the future.

Careers  
**Qualifications** –What do I need?  
Stepping up to GCSE.

### Sex and Relationships & Living in the wider world

Consent is not just gaining permission for something but involves choosing to honour and respect one another as persons with innate dignity.  
Becoming aware of the effects of actions on others helps us understand the concept of social responsibility.  
The law regarding FGM.  
Money - Credit, loans and debt.  
Same sex relationships - LGBTQ

## Relationships and Sex Education

## Living in the wider world

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## Year 10