







Knowledge Organisers

Year 7 Autumn Term

Name:





After school, every day, you should learn knowledge from **TWO** subjects on your knowledge organiser each night. Your class teacher may set you specific tasks on Satchel One, linked to the knowledge that you will be expected to learn. The timetable below tells you which subjects you should focus on each night. It doesn't matter if you don't have that particular subject on that day, just follow the timetable for your home learning. You should spend **half an hou**r on each subject. You may use your purple homework book to complete tasks neatly.

TIMETABLE OF SUBJECTS

Monday: English and Geography Tuesday: Science and Art / DT / Food Wednesday: Maths and History Thursday: RE and Computer Science Friday: MFL and Music / Drama

Reading at home

There is also an expectation that you should read a book of your choice for 30 minutes everyday. This should be signed off in your planner by a parent.



Take pride in your work!

- Each night, write the date and title and underline it neatly with a ruler.
- Label it Subject 1 and then rule off after the self-testing is completed. Then Subject 2 and self-test.
- Use a black or blue pen for your selftesting.
- These notes will then form your revision when you prepare for assessments, so you need to be able to read them!



How to learn knowledge from my knowledge organiser:

- Look at the work, cover it over, write it out again and check it.
- Look. Cover. Write. Check.
- Ask someone to test you and ask you questions about the topic
- Create mind maps on the topic
- Create flashcards on the topic
- Try writing out the key words or new vocabulary into new sentences
- Create a mnemonic
- Draw a diagram of the process
- Read further around the subject

Maths: Year 7 Autumn Term 1: Number Skills

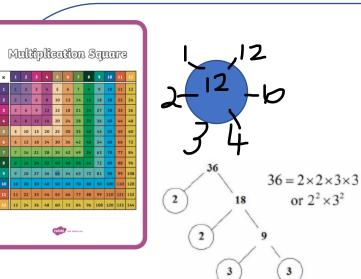


Topic

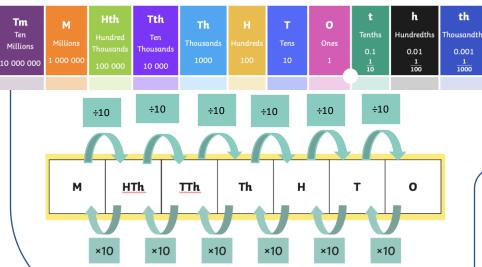
- Multiples and Factors
- Order of Operations/BIDMAS
- Place Value and Rounding
- Multiplying and Dividing
- Negative numbers

Key words

- ((Lowest) common) multiple and LCM
- ((Highest) common) factor and HCF
- Negative number
- Directed number
- Power
- (Square and cube) root
- Triangular number, Square number, Cube number, Prime number
- Linear sequence, Arithmetic sequence
- Operation
- Inverse
- Long multiplication
- Short division
- Long division
- Remainder



Place Value





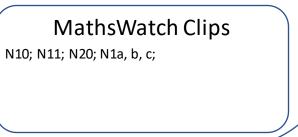


Remember **BIDMAS** is the agreed order of operations in Maths:

Brackets

- Indices are powers, eg 3² or 4³
- Division start on the left and work them out in the order that you find them
- Multiplication start on the left and work them out in the order that you find them
- Addition
- Subtraction

When only **addition** and **subtraction** are left in the calculation, work them out in the order you find them - starting from the left of the calculation and working towards the right.



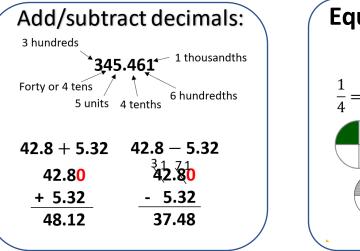
Maths: Year 7 Autumn Term 2: Decimals

Key concepts:

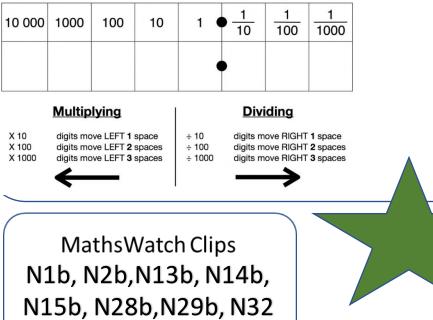
Place value:

<u>Th H T U.t h th</u>

- When adding and subtracting decimals we must ensure the decimal places are underneath each other when setting up.
- When multiplying decimals, calculate without the decimal point and use estimation to help replace it.
- To find equivalent fractions multiply/divide the numerator and denominator by the same number.
- To convert all numbers to the same form, either fractions, decimals or percentages.



Key Concept: Multiply/Divide by powers of 10



Equivalence: $\frac{1}{4}$ $\frac{1}{4} = \frac{2}{8} = \frac{3}{12} = \frac{4}{16}$ = 0.25

Key Words

ST TERESA

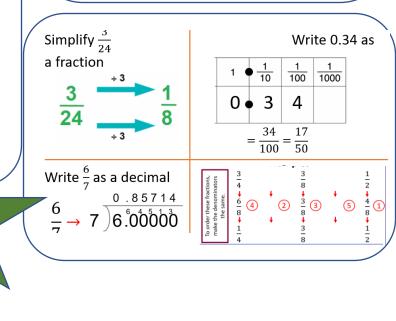
Decimal: A number that contains a point **Fraction:** A fraction is made up of a numerator (top) and a denominator (bottom).

Equivalence: Two fractions are equivalent if one is a multiple of the other.

Simplify: Cancel a fraction down to give the smallest numbers possible.

Ascending Order: Place in order, smallest to largest.

Descending Order: Place in order, largest to smallest.



Maths: Year 7 Autumn Term 2: Equations

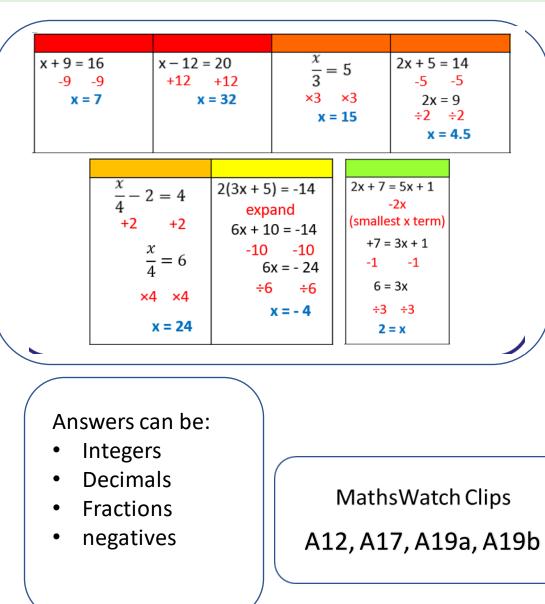
ST TERESA of CALCUTA Calcuta

Algebra can be used to support us to find unknowns in a **contextual problem**.

We can always apply a letter to an unknown quantity, to then **set up an equation**.

It will often be used in area and perimeter problems and angle problems in geometry.

Solve to find the value of x when the perimeter is 42cm. 2x + 3 HINT: Write on all of the lengths of χ х the sides. 2x + 3We know the perimeter is 42cm 2x + 3 + 2x + 3 + x + x = 429x + 6 = 426x = 36Angles in a triangle x = 6sum to 180° 2x - 20 + x + 20 + 2x - 40 = 180x + 20 5x - 40 = 1805x = 2202x - 20 x = 452x - 40



Key words: Unknown: A letter which represents a number we do not know the value of. Terms: The numbers and letters in the expression or equation. Inverse: The operation which will do the opposite. Solving equations: Working with inverse operations to find the value of a variable.

Rearranging an equation: Working with inverse operations to isolate a highlighted variable.

In solving and rearranging we **undo the operations** starting from the last one.

English: Year 7 Autumn Term 1: My Sister Lives on the Mantelpiece by Annabel Pitcher



Key Vocabulary		Symbolism	
Islamophobia	The fear, hatred and hostility towards Islam and Muslims.	Letters	Angels and clouds Jamie mentions the class reward system often within the book.
Xenophobia	The dislike of or prejudice against people from other countries; more generally the fear or hatred	Letters are a recurring symbol throughout the novel as it symbolises the constant hope that Jamie has in his mother returning. He is either waiting for a letter or he is sending one and these signify the most important	Mrs Farmer has an angel to represent all of the children and they move up through the clouds depending on how well behaved they are. However, we can see that the rewards chart symbolises the constant memory of Rose for
Prejudice	Having an opinion that is not based on reason or actual experience.	points in his life.	'a mie. Even at school, he cannot escape the memories of his sister.
Terrorism	The use offear and acts of violence in order to intimidate societies or governments.	<u>Country vs City</u> The country is a positive symbol as it symbolises an escape and a new life	Blue tack rings The rings symbolises the relationship between Sunya and Jamie and the fact that
Empathy	Beingable to understand and share the feelings of someone else.	for Jamie and his family. It also symbolises hope. On the other hand, the	al though they may have different beliefs they are brought together in their
		city is a negative symbol as it symbolises a past life and a time of trauma. Jamie wants to forget the life that he had in the city and the upset that he	friendship and love of superheroes. In the beginning Jamie doesn't want the ring but he then realises he wants to be friends with Sunya and accepts the ring in
Protagonist	Protagonist: the principal or main character in a literary work.	exp: Maths: Year 7 Autumn Term 1: Number Skills	turn accepting Sunya.
Antagonist	the main character in a work of fiction who comes into conflict with the protagonist (hero or heroine). Note that the antagonist does not al ways have to be a character; it could be a thing or a situation (a monster, a storm, a flood, etc.).	A Super Constraints and Such Reserve and Resulting Reserve and Res	<u>Urn</u> The urn symbolizes the importance / sentiment of the ashes and how the death of Rose hashad a huge impact on family life. The Urn is placed on the
Foreshadowing	to give a suggestion of something that will happen in the story.	him i Poer - Normalian and half state in a	mantelpiece – the focal point of the room and shows how her death is the focal
Exposition	this also refers to the first stage of a plot, in which necessary background information is provided	Jam thin thin Use graduation The maintain the maintai	of Rose and struggles to come to terms with her death.
Conflict	a struggle, disagreement, or difference between opposing forces in a literary work, usually resolved by the end of the work.	<u>Characters</u>	
			A SY'S M. AN HOMESTY YOU GAV

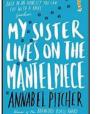
Key Quotes

- "My sister Rose lives on the mantelpiece. Well, some of her does. A collarbone, two 1. ribs, a bit of skull, and a little toe."
- "Some times when I wake up, I forget that she's gone and then I remember and my 2. heart drops like it does when you miss a step or trip over a kerb."
- 3. "In fact she was quite bad and according to Jasshe was naughty at school, but no one seems to remember that now she is all dead and perfect."
- "Is wallowed all the doubt and all the disappointment and all the anger and they were almost too big, like vitamin pills that are difficult to get down even with water."
- "If envy is red and doubt is black then happiness is brown. I looked from the little 5. brown stone to the tiny brown freckle to her huge brown eyes."

- London bombings of 2005, also called 7 July attacks or 7/7 attacks, • They were coordinated suicide bomb attacks on the London transit system on the morning of July 7, 2005.
- At 8:50 AM explosions tore through three trains on the London Underground, killing 39.
- An hour later 13 people were killed when a bomb detonated on the upper deck of a bus in Tavistock Square.
- More than 700 people were injured in the four attacks.

Jamie He is ten years old and he is the narrator of the story. He is a typical ten year old who enjoys football (especially Wayne Rooney) and superheroes. She is Jamie's older sister who is fifteen. She looks after Jamie like a mother. Jas Dad He used to work in construction but has struggled to stop drinking. She used to be a teacher. She moves a way with Nigel after an affair. Mum Leo He is Jas's punk boyfriend with green hair. Nigel Nigel is Mum's boyfriend who she met at a support group after he lost his Nigel wife.

Sunva A ten year old Muslim girl in Jamie's class at school.





English: Year 7 Autumn Term 2: Viewpoint Writing

Plan

- Generate some ideas **for** and **<u>against</u> the statement**. 1.
- oco vourviownoint 2

Smoking is bad for your health	Develop your ideas using the 'So what' method: Doking is bad nyour health So what? So what? Definition A story that illustrates and reinforce stics Numerical facts Speaking to your reader – 'you/your of three Three powerful adjectives Something that cannot be argued w A personal thought or feeling from s A question designed to make your reader	Ask them a question: "S	Could be the reality if A bold statement using a triple: Teenagers are, and always have been, immature, reckless and impulsive. Start with a quote: "Stopping children from playing putside, will lead to them becoming mentally fragile" says What makes a	!() "" " . , ? Advanced !() "" " . , ? ; : an excellent conclusion?		
	So what?)	In conclusion / To conclude / Ov DRE BANNED	Overall Use a rule of three: Animal testing is outdated. Animal testing is cruel. Animal testing kills.		
Anecdote	A story that illustrates and reinforces y	our viewpoint	I – You – We: I think You expect	End with an imperative: Concluding phrase: Act now The reasons for		
Statistics	Numerical facts	We know OR	Address the reader			
Direct Address	Speaking to your reader – 'you/your/w	/e'	My concern is Your worry is Our duty is	So, if you want to Surely, there can be no doubt as to		
Rule of three	Three powerful adjectives					
Facts	Something that cannot be argued with					
Expert opinions	A personal thought or feeling from som	neone with authority (Dr, p	rofessor, celebrity, MF	P etc.)		
Rhetorical Questions	A question designed to make your reader think					
Repetition	Using a word/phrase more than once t	to create a particular effect	t			
Address the counter argument	Explain what some people who have a	different view to you might	t say, then knock dow	n their argument		
Discourse markers	Linking words and phrases (obviously,	clearly, unequivocally)				

Let's look a little closer...

What makes a good introduction?

Start with a theory:

Get the reader to put themselves in a

Imagine a world where... Imagine a world where... Imagine a world where... This

situation:

Basic

.,?

Intermediate

Science: Year 7: Autumn Term 1: Scientific Enquiry Energy Pure + Impure substances

different

ways that

energy can

system

quantity such

as energy) at

a constant

overall total

Energy

pathway: How

energy is

transferred

from one

pathway to

another

STATE OF MATTER



Light energy 10 J

Heat energy 90 J

Glossary:

Matter: Can be one of three states: gas, liquid or solid

Dissolve: Where a solute breaks up into smaller pieces when placed in a solvent

Pure: A pure substance is not mixed with anything else

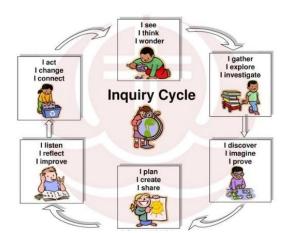
Impure: A material with more than one substance in it is impure



In sea water, the water is the solvent and salt is the solute

After a scientific method has been followed through, data is **analysed** to see if it matches the **prediction** and check if the **hypothesis** seems correct.

Once data has been collected, displaying it in a chart or a graph helps to spot patterns. The pattern, if there is one, will show how the **independent variable** has affected the dependent variable.



Key points

Glossary:

Prediction:

what you think

will happen.

Hypothesis: an

idea or a theory

that hasn't

been tested

Analyse:

examine

methodically

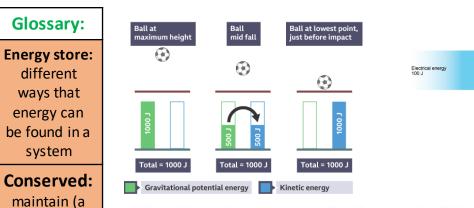
and in detail

Variable: a

factor that can

vary or change

- A conclusion sums up what has been found out during an investigation.
- A conclusion should be clearly structured and explained using scientific knowledge.
- At the end of an investigation, evaluate the results and method to judge how reliable the conclusion is.



The SI unit of energy is the joule (J) **Key points**

- Energy can be described as being in different 'stores'.
- Energy can be transferred from one store to another.

There are several stores of **energy**.

Energy can be transferred by:

- mechanical working when a force is applied to move an object through a distance
- electrical working when charge flows (electricity)
- heating when energy is transferred between hotter and colder regions
- radiation when energy is transferred as a wave, for example as light or sound

Key points

- Most materials that we use are **mixtures**, and just a few are pure elements or pure compounds.
- In chemistry, a pure substance is a single substance made of only one type of particle.
- Impurities change the temperature at which a substance melts and boils.









Science: Year 7 Autumn Term 2: Forces and Magnetism, Microscopes and Cells



Key Words: Contact Forces.

Contact forces act between objects that are physically touching each other.

Friction.

The force between two surfaces that are sliding, or trying to slide, past each other.

Air Resistance.

The force that acts in the opposite direction to an object's movement as it moves through the air.

Reaction.

The force that supports an object on a solid surface. **Upthrust.**

The upward force exerted by a fluid on an object floating in it.

Non-Contact Forces.

Non-contact forces act between objects without them physically touching each other.

Gravitational Force.

The force acting on an object due to gravity. Magnetic Force. The force exerted by a magnetic field on a magnetic material. Electrostatic Force.

1.

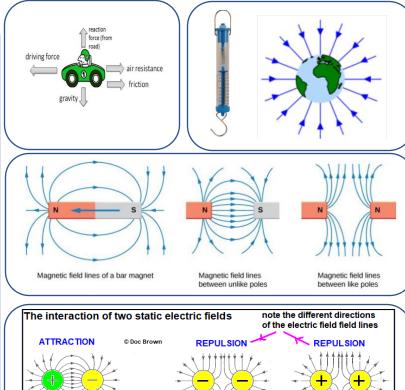
2.

3.

The force that acts between two charged objects.

<u>Newtons.</u>

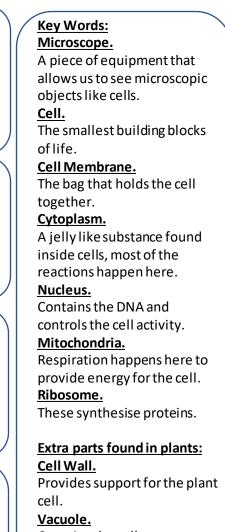
The units of force.



attraction of oppositely charged objects positive and a negative object two negative objects attraction of oppositely charged objects two negative objects two negative objects

An object at rest (or moving at constant speed) will continue to do so, unless acted upon by an external force.

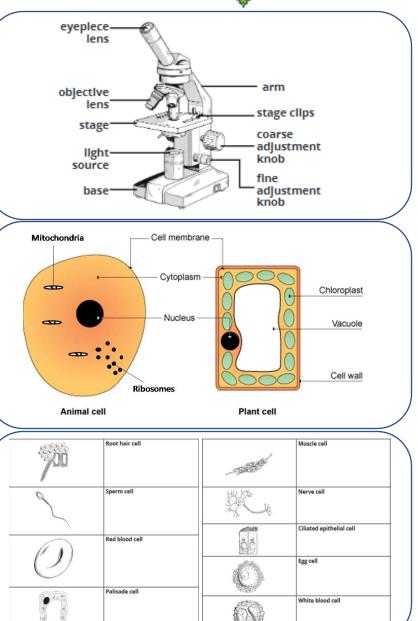
- The acceleration of an object is governed by two factors. Its mass and the force acting on it.
 - Every action has an equal and opposite re-action.



Contains the cell sap.

happens.

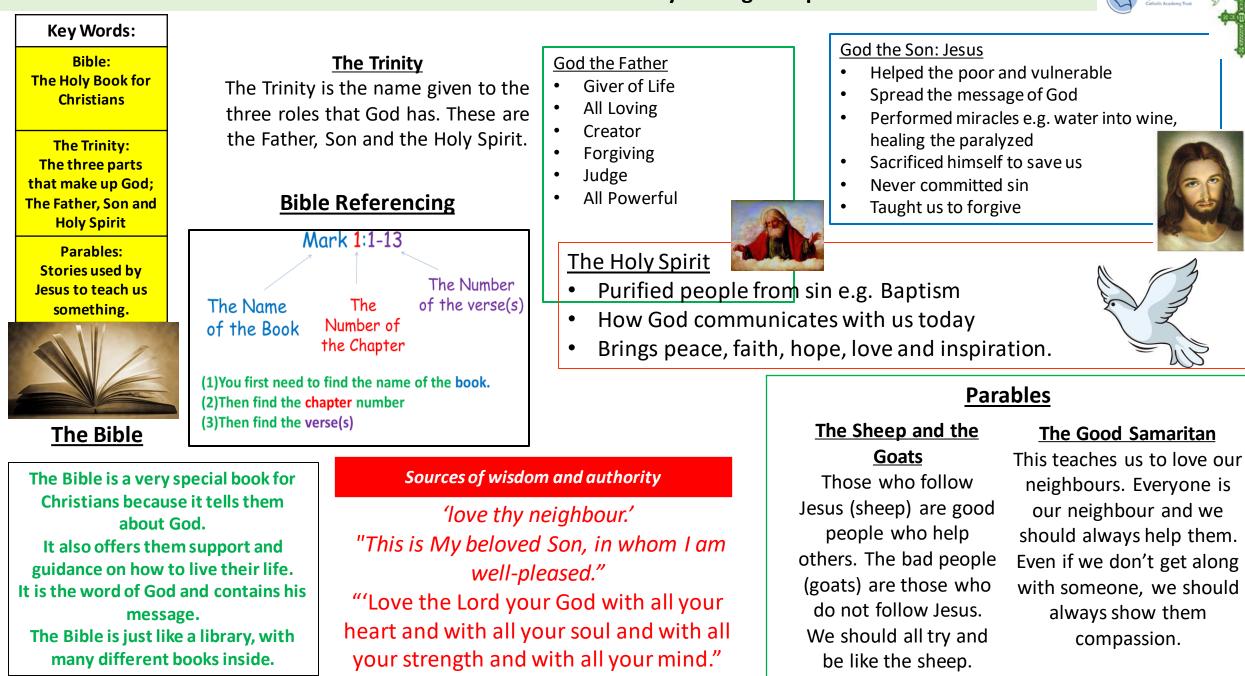
<u>Chloroplasts.</u> They contain a green pigment called chlorophyll. This is where photosynthesis



Geography: Year 7 Autumn 1: How has Ice Shaped the Earth?

	Key Questions			Key words
What is the difference between human and physical geography?		What are the seven continents of the world?	Human geography	The study of humans and their cultures, economies, and interactions with the environment
What is the difference between a country and a continentWhat is a glacier?What depositional features are caused by glaciation?Physical geographyEnosionT		The study of natural processes. Y		
continent What are the three rock	at are the three rock What are the erosional Why are glaciers Ero		Erosion	The wearing <u>away</u> of rock, soil or any other solid material.
types and how are they formed?	features caused by glaciation?	shrinking?	Glacier	A huge mass of ice that moves slowly over land.
No. W		2 Sedimentar	Deposition	Material is dropped.
	Igneous Rock	Rock	Metamorphic rock	Has changed from igneous or sedimentary rocks due to heat and pressure.
		Cycle 4	Sedimentary rock	Rocks that are formed through the deposition of sediments e.g. limeston
AMERICA OCEAN AFRICA AFRICA			Igneous rock	Rocks that are formed from the cooling of magma or lava.
B 2012 Configuradio Information International Internationa	copyright www.ducksters.com	5 Metamorphic Rock		THE ST TERE

Year 7 RE Autumn Term 1 Unit 1 – The Trinity Through Scripture



ST TERESA

RE Year 7 Autumn Term: Unit 2: The Mass and Places of Worship

Key Words:

Transubstantiation = the bread and wine is ACTUALLY the body and blood of Jesus.

Eucharist - Holy Communion, Lord's Supper. A sacrament to receive the body and blood of Jesus.

Church – Place of worship for Christians.

Mass - The reenactment of the Last Supper and a celebration of the resurrection of Jesus.

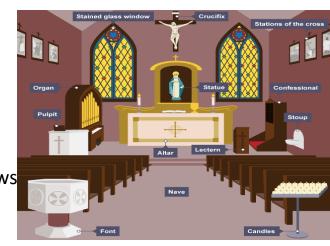
- Features of a Catholic church 1. Altar
- 2. Lectern
- 3. Font
- 4. Crucifix
- 5. Stain glass windows
- 6. Stations of the cross

The Origins of Mass

Mass started when Jesus shared the Last Supper with his disciples before his death.

He instructed them to carry on this tradition and this became what we know as Mass.





Features of a Catholic Mass

- 1. Sign of the cross
- 2. Penitential Rite
- 3. Creed
- 4. Bible readings
- 5. Gospel
- 6. Homily

7.

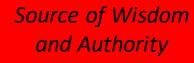
9.

- Eucharistic Prayer
- 8. Communion
 - Blessing and Dismissal

The Eucharist

The Mass is the re-enactment of the Last Supper and a celebration of the resurrection of Jesus.

- ✓ Worship God
- ✓ Thanksgiving
- ✓ Forgiveness
- ✓ Celebration



"Do this in memory of me"



Spanish: Year 7 Autumn Term 1

KBY VERBS AND Vocab

	Soy = I am Quiero = I want					
ş	Tengo = I have	Escribo = I write				
/er	Puedo = I can	Leo = I read				
6	Como = I eat	Uso = I use	2			
sua	Bebo = I drink	Compro = I	Ьчу			
Ť	Juego = I play	Hago = I de	b			
Present tense verbs	Escucho = I listen	Voy = I go	es	It is		
res	Estudio = I study		son	They are		
٩	Veo = I watch		hay	There		
	Salgo = I go out			is/are		
	Era = I was	-	a = I wai			
	Tenía = I had		í = I wro	ote		
şq	Podía = I could	Leí = I		read		
ver	Comí = I ate Usé = I used					
Past tense verbs	Bebí = I drank Compré = I bought					
ens	Jugué = I played Hice = I did					
+	Fui = I went Escuché = I listened					
Pas	Estudié = I studiec	Fue/era	It v	vas		
	Vi = I watched	Fueron/era	n The	y were		
	Salí = I went out	Había	The	ere was/were		
	VOY A (I'm going))+ quere	e r = to w	ant		
	ser = to be	escribir = to write				
- ř	tener = to have	leer = to read				
ş	<pre>poder = to be able to comer = to eat</pre>	usar = to use				
Ise	beber = to drink	comprar = to buy				
ter	jugar = to play	hacer	• = to do			
2	escuchar = to listen	ir = +(o go			
Ŧ	estudiar = to study	Va a ser	It's goir	ng to be		
Future tense verbs	estudiar = to study ver = to watch	Va a ser Van a ser		ng to be going to be		

CONNECTIVES:

y = and pero = but también = also sin embargo = however no obstante = however además = moreover por eso = therefore como = like/since ya que = because/since aunque = although por ejemplo = for example

LITTLE WORDS:

important words

and

Connectives

Time phrases

muy = very un poco = a bit más = more mucho = a lot **donde =** where **bastante =** quite **menos =** less

demasiado = too much/many

QUESTION WORDS:

¿cuándo? = when ¿cómo? = how/what ¿quién? = who? ¿dónde? = where ¿cuál(es)? = which ¿qué? = what ¿cuánto(s)? = how many

PRESENT TENSE

Luego = then Después = after A menudo = often A veces = sometimes Ahora = now Siempre = always Todos los días = every day

FUTURE TENSE

Mañana = tomorrow Más tarde = later El año próximo = next year En el futuro = in the future Cuando sea mayor = when I'm older La semana que viene = next week

Great phrases

Try and learn some of these phrases - they'll be amazing in your writing and speaking!

Acabo de + infinitive:			
"Acabo de ver un documental"	I have just "I have just watched a documentary"		
Siempre me ha gustado "Siempre me ha gustado comer chocolate"	I have always liked "I have always liked eating chocolate"		
Es pan comido "Me encanta el inglés porque es pan comido"	It's a piece of cake "I love English because it's a piece of cake"		
Ojalá pudiera + infinitive "Ojalá pudiera pasar más tiempo con mi familia"	If only I could "If only I could spend more time with my family"		
Cuesta un ojo de la cara "Me encanta ir al cine pero cuesta un ojo de la cara"	cumental"documentary"empre me ha gustado iempre me ha gustado mer chocolate"I have always liked eating chocolate"pan comido ee encanta el inglés rque es pan comido"It's a piece of cake "I love English because it's a piece of cake"alá pudiera + initive jalá pudiera pasar más empo con mi familia"If only I could "I fonly I could spend more time with my family"esta un ojo de la cara e encanta ir al cine ro cuesta un ojo de la ra"It costs an arm and a leg "I love going to the cinema but it costs an arm and a leg"yPAST TENSE (in the second se		
So S	e past		
El año pasado = last Ayer = yesterday			

Art: Year 7 Autumn Term Topic 1: Impressionist Landscapes

Vocabulary

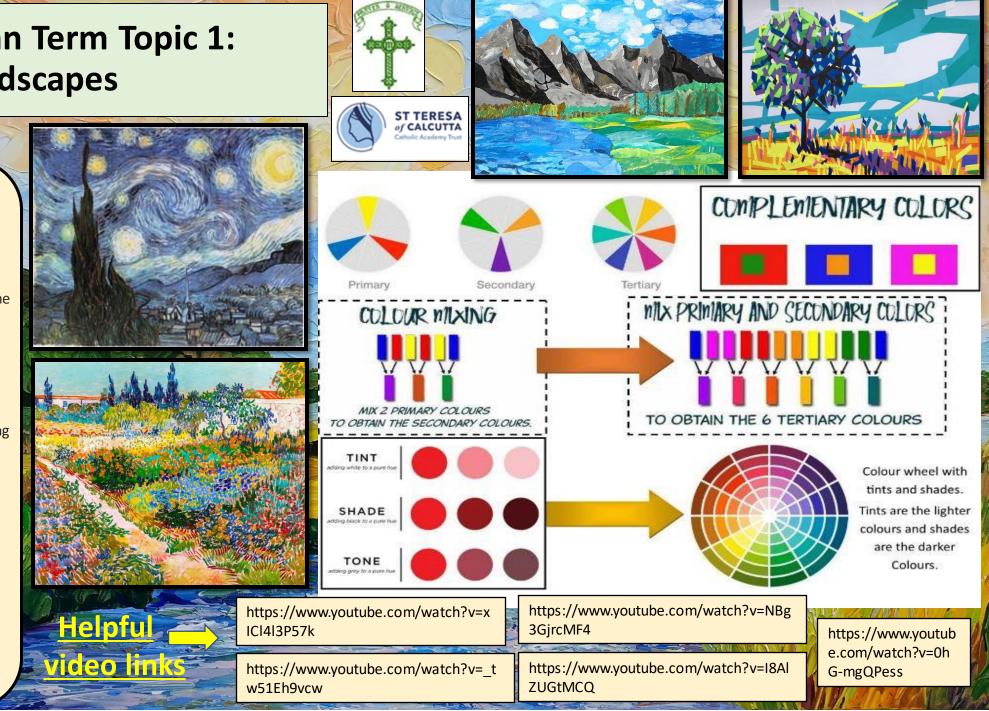
Artists: Van Gogh, Claude Monet, Alfred Sisley, Eileen Downes

Composition - The combination of elements in a painting or other work of art that provides order or structure to the scene.

Landscape - A landscape is a view or vista of natural scenery on land, or a representation, especially painting, of the outdoors.

Impressionism - A practice in painting especially among French painters of about 1870 of representing the natural appearances of objects by producing dabs or strokes of colours to create actual reflected light.

Collage – A picture made by gluing different materials like paper and fabric shapes onto a flat background **Assemblage** — To put different parts together



Year 7 Music Half Term 1: Introduction to Keyboards



Glossary:

Tempo – the speed of music

Pitch – how high or low a note is

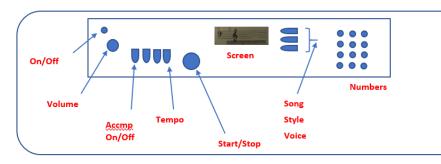
Rhythm – the pattern of long & short notes

Technique – how well you control your instrument

Fluency – how smoothly you can play the music

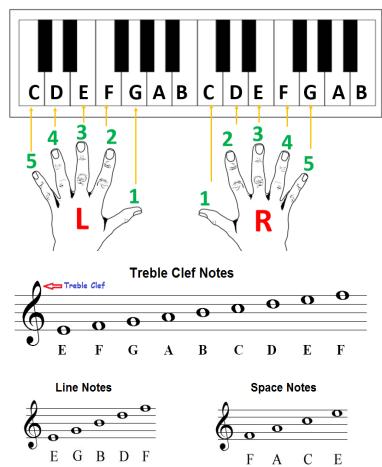
Chord – 2 or more notes played at the same time

Accompaniment – music that provides a background for the main tune





beats	notation	name		
1⁄4	A.	Semi quaver		
1⁄2	. \	quaver		
1⁄2	7	Quaver rest		
1	_	Crotchet		
1	ž	Crotchet rest		
1		2 quavers		
1		4 semiquavers		



Ode to Joy Easy version: <u>https://youtu.be/wMhu0j391rU</u> Ode to Joy Medium version: <u>https://youtu.be/qrAHvk7LVoE</u> Ode to Joy Hard version: <u>https://youtu.be/eC1cRedWcJM</u>

Drama Year 7 Autumn Term 1: Roald Dahl





Physical Skills

Facial Expression

Using your face to communicate character emotion and reactions.

• Body Language

The way that you sit or stand. To communicate emotions or meaning to an audience

• Levels

Using different heights or depth to add meaning/status/add visual interest.

Gestures

(Usually and arm or hand movement) to communicate specific meaning



Tableaux: A living picture showing a moment in

Drama Techniques

time as though a pause button has been pressed **Body as Prop:** Using performers' bodies to create inanimate set/props

Creating a Character: Using key information from the text to create a character different from you **Building Tension:** Use of vocal and physical skills to build to

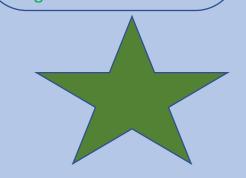
Dig Deeper Questions:

Cooperation

- Which skills are needed for an effective tableaux and why are they important?
- What clues might you look for in a text to help you to build your character?
- Name 3 skills that an actor can use to create tension. Explain your choices.
- Name 3 types of non-verbal communication that can be used in a performance. Now try to think of a non-performance scenario where those skills can also be useful.

Creativity

Vocal Skills: Projection: Ensuring your voice is loud and clear for the audience to hear. **Tone:** The way you say something in order to communicate your emotions, eg, Angry, worried, shocked tone of voice. Pace: The speed you deliver your dialogue **Pause:** Moments of pause can create tension or intrigue.



Confidence

Communication

M. .

Food and Nutrition, Health and Safety/Food Safety: Year 7 Autumn Term 1

- Seneca Online Learning AQA Food and Nutrition Class code: b797g0nf2i
- https://www.foodafactoflife.org.uk/ ٠
- **BBC Food** ٠
- Food Standards Agency https://www.food.gov.uk/food-safety ٠
- https://www.ifst.org/lovefoodlovescience ٠
- https://www.nutrition.org.uk/ ٠
- https://quizlet.com/240309265/gcse-food-preparation-nutrition-keywords-flash-cards/ ٠

Click to add text

Key Knowledge:

- Know the difference between Health and Safety and Food Safety
- Describe how to keep food safe Bacteria)
- Know and understand how to prevent bacterial contamination.
- Recognise the symptoms of food poisoning.
- Understand the food safety principles when storing food.
- Describe the term cross contamination and how it occurs.

Quick Test (use the internet to research the answers)

- 1. What are bacteria?
- What would happens if food is prepared incorrectly and then eaten?
- On food packaging what do you need to check before buying the food?
- Explain the term cross contamination.
- What is the bacteria found in chicken called? 5
- Can food poisoning be deadly? 6.







Research the Key Words below and write an explanation for each

Health and Safety

Food Safety

Cross Contamination

,	Food Poisoning
,	Bacteria

DT: Autumn Term: Year 7 Unit 1: Health and Safety



Glossary

Health and Safety

NOUN BRITISH

•regulations and procedures intended to prevent accident or injury in workplaces or public environments.



Why do you think workshop Safety Rules are important?

If everyone follows workshop rules, everyone will be safe and learn how to use tools and equipment properly and efficiently.

1. Always listen carefully to the teacher and follow instructions.

The instructions given by your teacher, will help you understand how to work in a workshop safely and efficiently.

2. Do not run / rush in the workshop.

You could 'bump' into another pupil and cause an accident. You could run into a machine or bench, which could cause a serious injury.

3. Know where the emergency stop buttons are positioned in the workshop.

If you see an accident at the other side of the workshop, you can use the emergency stop button to turn off all electrical power to the machines.

4. Always wear an apron.

It will protect your clothes and hold your tie in place.

5. Wear good strong shoes. Trainers are not suitable.

Tools and equipment can have sharp edges and are usually heavy. Good shoes prevent damage to your feet.

6. When attempting practical work, all stools should be put away.

If stools are left out in the workshop during a practical session, they will get in the way and inevitably become a trip haxard.

7. Bags should be stored away, during practical sessions in the workshop.

A person can easily trip over a bag left on the floor and accidentally push into someone using a machine.

8. When learning how to use a machine, listen very carefully to all the instructions given by the teacher. Ask questions, especially if you do not fully understand.

It is important to ask questions so you have a full understanding of its use to prevent an accident.

9. Do not use a machine, if you have not been shown how to operate it safely, by your teacher.

It is extremely dangerous (and illegal), to use a machine in the workshop, without having followed and understood, all the teacher instructions.

10. Always be patient, never rush practical work.

The most productive and efficient designers work patiently and never rush their work.

11. Always use guards, when operating machines.

The guard on a machine, protects the user, especially the users eyes, from dangerous 'debris' that is thrown out, often at high speed. The guards also ensure that hands and fingers, are not near moving parts.

12. Keep hands / hair and clothing away from moving/rotating parts of machinery.

Loose Clothing (e.g. a school tie) and long hair, can be caught in the moving parts of a machine. Long hair should be tied back.

13. Use hand tools carefully, keeping both hands behind the cutting edge.

Never place a hand in front of a cutting tool. There is always a possibility, of the tool slipping and the sharp edge slicing into the hand / fingers.

14. Report any damage / faults to machines/equipment. Damage or a faulty part, could cause an accident.

A broken or damaged tool can be dangerous.

15. Keep your workbench tidy. When you have finished with a tool / piece of equipment, return it to its storage cupboard / rack.

- A bench top, crowded with tools, will eventually lead to one or more, being knocked on to the floor, or on to feet.
- 16. Never distract another pupil, when they are working on a machine or using tools / equipment.

A distracted pupil could have an accident, as their focus and concentration is taken away from the work they are doing.

Computer Science: Year 7: Autumn Term 1: E-Safety

Cyberbullying is when somebody deliberately harms someone else online. This includes trying to intimidate, insult, or humiliate someone. Cyberbullying includes things like: sending threatening messages via text or instant messaging, sharing inappropriate or embarrassing pictures and making mean comments on social media posts, chat rooms etc.

-Defamation

-Grooming

-Trolling



Influencers are people who have built a reputation for their knowledge and expertise on a specific topic. They make regular posts about that topic on their preferred **social media** channels and generate large followings of enthusiastic, engaged people who pay close attention to their views.



Social media websites and apps may include one or more of these features:

- Ways to share files (like music, photos or videos) or links with others.
- Instant messaging or ways to stream video and make voice calls etc.
- Forums or groups designed for people with a certain interest

• A way to publish original material like blogs. Social media can be used to keep up with friends all over the world and even make new ones, you can be creative and raise awareness about charities and other good causes.

If you share too much information you can put yourself at risk, not all information is true and accurate. There are lots of fake news stories and images have been manipulated to look different. Always check your privacy settings.



Video Games



Computer Science: Year 7: Autumn Term 1: ICT Knowledge

You use a word processor for

can change fonts, text sizes,

documents that are mainly text such

emphasise headings, highlight text or

newspapers or bullet pointed lists and

you can still include images and icons.

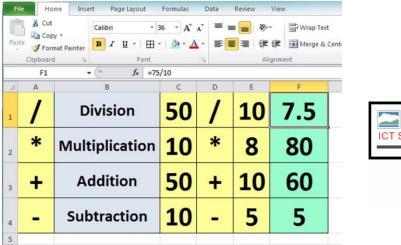
as letters, essays and reports. You

make it bold, italic or underlined.

You can create columns to create

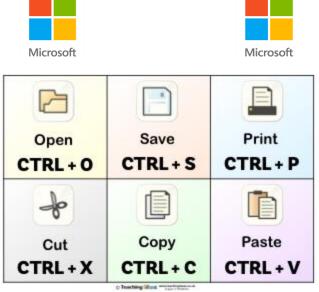
Spell checker is also a very useful

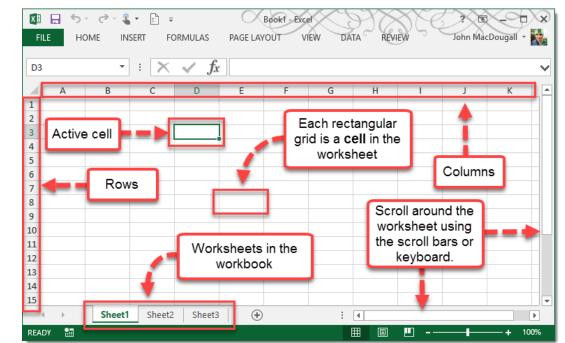
Word Processing





Don't forget to always start with = when writing a formula.





tool

Word Excel Word Excel PowerPoint OneNote Publisher Access

PowerPoint

Presentation software creates a series of slides in a single document. Each slide contains a number of frames. Each slide usually contains text or images but you can include videos and sound as well. The software makes it easy to insert and delete slides and to change their order. You can also animate things using animations and transitions. Animations make the frames on a slide arrive on screen in different ways. Transitions are effects that change how each new slide appears. These are usually triggered by clicking a mouse button or by pressing a keyboard key. Presentations should capture the audiences attention.

Year 7 Physical Education:



<u>Learning to love PE</u> Basic Motor skills/techniques

- Expectations/Standards
- Isolated skill practice



<u>Health Related Fitness -</u> <u>Benefits of Physical</u> <u>Activity</u> • Short term Effects of

- Short term Effects d Exercise
- Anatomy Vocabulary
- Balance, Speed, Strength, Cardiovascular Fitness

Dance

 Knowledge of techniques, styles and forms.



Strategies to overcome opponents in competitive sport (Games) • Teamwork • Rules & regulations

Fundamentals of
 Movement



 Gymnastics: Travel, core skills, small apparatus



Outdoor & Adventurous <u>Activities</u>

- Team building
- Problem solving
- Oracy & Communication
 Skills



<u>Sports/Activities</u> <u>taught</u>

Netball Football Hockey Handball Cricket Rounders Basketball

Table Tennis

<u>Wider Curriculum</u> <u>Competitive Sports</u> <u>& Activities</u>

- Extra Curricular
- Inter-form
- Sports Day
- Community Links
- Desire to Improve: assessments will demonstrate improvements to achieve your personal best.
- Commitment, Resilience & Respect across the learning journey.



PSHE Year 7 Autumn Term: Identity

-		
	Glossary	Important legal
Asexual	A person who generally does not experience sexual attraction to any group of people	• 2000: Gove
Androgyny	A gender expression that has elements of both masculinity and femininity	gay men se
Biological Sex	The physical a natomy and gendered hormones one is born with.	 2001: Age of to 16.
Bisexual	A person who experiences sexual, romantic, physical, and/or spiritual attraction to people of their own gender as well as a nother gender	 2002: Equa couples appresentation
Cisgender	A description for a person whose gender identity, gender expression, and biological sex all align	 2003: Repe that made i homosexua
LGBTQ+	Lesbian Gay Bisexual Trans Queer / Questioning + = Other	• 2003: A nev LGBT peopl
Sexuality	A persons sexual preference or orientation. Who they are attracted to.	2003 emplo people by r
Gender Dysphoria	Where a person experiences distress due to a mismatch of their biological sex and their gender identity.	them, just l gender ide • 2004: Civil
Heterosexual	A medical definition for a person who is attracted to someone with the other gender.	• 2004: Gend
Homosexual	A medical definition for a person who is attracted to someone with the same gender.	allowed tra gender. Thi certificate
Transvestite	A person who dresses as the opposite gender expression for any one of many reasons, including relaxation, fun, and sexual gratification.	which help marriage.
intersex	A person with a set of sexual a natomy that doesn't fit within the labels of female or male (e.g., XXY phenotype, uterus, and penis)	 2007: It been people been gender ider
Pansexual	A person who experiences sexual, romantic, physical, and/or spiritual attraction for members of all gender identities/expressions	or services. 2008: The Q
Transgender	A person whose gender identity is the binary opposite of their biological sex, who may undergo medical treatments to change their biological sex	makes 'inci crime.
Transsexual	A person whose gender identity is the binary opposite of their biological sex, who may undergo medical treatments to change their biological sex	 2009: A new same-sex particular same sex particular same sex particular same sex particular sex pa
: Gender Identity	Gender identity is a way to describe how you feel about your gender. You might identify your gender as a boy or a girl or something different. This is different from your sex, which is related to your physical body and biology.	passed.

nportant legal changes that have affected LGBTQ+ people in the UK

- 2000: Government lifts the ban on lesbians and gay men serving in the Armed Forces.
 - 2001: Age of consent for gay/bi men is lowered to 16.
- 2002: Equal rights are granted to same-sex couples applying for adoption.
 - 2003: Repeal of Section 28 Section 28 was a law that made it illegal to talk positively about homosexuality in schools.
- 2003: A new law comes into force protecting LGBT people from discrimination at work. Until 2003 employers could discriminate against LGBT people by not hiring them or not promoting them, just because of their sexual orientation or gender identity.
- 2004: Civil Partnership Act is passed.
- 2004: Gender Recognition Act is passed This Act allowed trans people to change their legal gender. This means that they can get a new birth certificate that reflects who they really are, which helps for future legal processes like marriage.
- 2007: It becomes illegal to discriminate against people because of their sexual orientation or gender identity when providing them with goods or services.
- 2008: The Criminal Justice and Immigration Act makes 'incitement to homophobic hatred' a crime.
- 2009: A new law gives better legal recognition to same-sex parents.
- 2013: The Marriage (Same-SexCouples) Act is passed.

Trans Teens and Children

ST TERESA of CALCUITA Catholic Academy Trust

If a child is under 18 and thought to have gender dysphoria, they'll usually be referred to a specialist child and adolescent Gender Identity Clinic (GIC). Treatment is arranged with a multi-disciplinary team (MDT). This is a group may include specialists such as mental health professionals and paediatric endocrinologists. Most treatments offered at this stage are psychological, rather than medical or surgical.

If the child is diagnosed with gender dysphoria and they've reached puberty, they could be treated with gonadotrophin-releasing hormone (GnRH) analogues. These are synthetic hormones that suppress the hormones naturally produced by the body. They also suppress puberty and can help delay potentially distressing physical changes caused by the body becoming even more like that of the biological sex, until they're old enough for other treatment options. The effects of treatment with GnRH analogues are considered to be fully reversible, so treatment can usually be stopped at any time.

Teenagers who are 17 years of age or older may be seen in an adult gender clinic. They are entitled to consent to their own treatment and follow the standard adult protocols.

Gender Reassignment surgery will not be considered until a person has reached 18 years of age.

Schools and LGBTQ+ Students

All Schools are required to have a policy relating to LGBTQ+ Students and how they are supported in schools. However each case will be dealt with on an individual basis as to what is best for the students. Discussions will be conducted with Safe guarding team, parents, wellbeing teams and appropriate external agencies involved in the students care.

Where to get more help and support

- Parents and trusted family members
 - Teachers and School Staff including School Nurse and Wellbeing Team
- Your Doctor or Community Nurse
- NHS Online

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- Young Stonewall: <u>https://www.youngstonewall.org.uk/</u>
- The Proud Trust Local Support groups: <u>https://www.theproudtrust.org</u>
- Friends and Family of Lesbians and Gays: https://www.fflag.org.uk/

PSHE Year 7 Autumn Term: E-Safety & Digital Citizenship



Glossary

E-Safety Strategies and systems to help people stay safe online.

Digital Citizenship Accepted ways on behaving whilst engaging in online activity. **Cyber Bullying** The use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature

Hacking Gaining access to systems and computers which you do not have permission to access. Can be for malicious purposes.

Grooming When someone uses the internet to trick, force or pressure a young person into doing something they wouldn't normally do, this could be sexual behaviour or radical beliefs.

Digital Footprint The information about a particular person that exists on the internet as a result of their online activity. It can not be deleted.

Where to get more help and support

- Parents and trusted family.
- School Staff and Wellbeing Team
- Directly to the police.
- Report any inappropriate behaviour to the website.
- NSPCC <u>https://www.nspcc.org.uk</u>
- Childline Helpline: 0800 1111(24 hours, every day) / https://www.childline.org.uk
- CEOPS <u>https://www.ceop.police.uk/safety-centre/</u>

10 strategies for staying safe online

- 1. Don't post any personal information online like your address, email address or mobile number.
- 2. Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.
- 3. Keep your privacy settings as high as possible.
- 4. Never give out your passwords.
- 5. Don't befriend people you don't know.
- 6. Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do.
- 7. Remember that not everyone online is who they say they are
- 8. Think carefully about what you say before you post something online.
- 9. Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude.
- 10. 10.If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted adult immediately.

Digital Footprints and Online Behaviour

A person's digital footprint cannot be deleted and can be a ccessed at any time through a simple social media or search engine search. To promote a positive digital footprint there are 5 simple rules:

- 1. Would you want your grandmother to see it? Is that photo/video/comment appropriate for the wider public audience? Would you want a future partner or employer to see it? Once something is online it stays fore ver.
- 2. Do you really think that is private? Just because your privacy settings are high doesn't mean that someone else can't repost or s creenshot what you have posted.
- 3. Would you say it to someone's face? If you wouldn't say it to someone face, don't say it online. Portray yourself in a positive way as this may be seen by future friends, partners or employers.
- 4. Is this your work to publish/use? Reposting or using someone else's work if fine if you credit the original owner creator. If you don't it is plagiarism.
- 5. Would you want someone to do it to you? How would you feel if someone posted a picture of you or made a comments a bout you that you didn't like or want online?

Online Behaviour and the Law

- The Computer Misuse Act 1990 says you can't impersonate or steal someone else's identity online. This means that writing a status on social media pretending to be your friend is technically against the law as it creating fake profiles or websites.
- It is a criminal offence under the Communications Act 2003 to send messages using any public electronic communications network, such as Twitter or Facebook, which are grossly offensive or of an indecent, obscene or menacing character.
- It is a criminal offence under the Criminal Justice and Courts Act 2015 for someone to disclose private sexual images of you online or offline without your consent with the effect of causing you distress. This is more commonly known as 'revenge porn'.
- There are a range of other offences which the police can investigate including harassment, harassment when someone fears violence, and stalking under the Protection from Harassment Act 1997.

Each case will be taken on an individual basis looking at context and evidence to determine if a crime has been committed. If you believe you have been the victim of a crime screen shot the evidence and speak to the police.



PSHE Year 7 Autumn Term: Social Media



Glossary

Social Media Websites and applications that enable users to create and share content or to participate in social networking.

Top Tips for staying safe online

- 1. Use a strong password. The longer it is, the more secure it will be.
- 2. Use a different password for each of your social media accounts.
- 3. If you have social media apps on your phone, be sure to password protect your device.
- 4. Be selective with friend requests. If you don't know the person, don't accept their request. It could be a fake account.
- 5. Click links with caution. Social media accounts are regularly hacked.
- 6. Be careful about what you share. Don't reveal sensitive personal information i.e.: home address, financial information, phone number.
- 7. Become familiar with the privacy policies of the social media channels you use and customize your privacy settings to control who sees what.
- 8. Remember to log off when you're done.
- 9. Report any inappropriate behaviour to the site.

Age Restrictions On Social Media

13 Twitter Facebook Instagram Pinterest Google+	14 LinkedIn	16 WhatsApp	17 Vine Tinder	18 Path	18 (13 with parent consent) YouTube Keek Foursquar
Google+ Tumbir Reddit Snapchat					WeChat Kik Flickr

These are in the websites terms and conditions and are not legal restrictions.

Define: Twitter

Twitter is known as a micro-blogaina

site. Blogging has been around for

some time. Usually blogging consists

of people setting up basic websites

sport, cooking, fashion etc. Posting a

message is known as a tweet. People

make connections by following other

people's twitter feeds. Once you click

organisation says will appear on your

short for To Be Honest — is a polling

questions anonymously. Essentially it is

people received "gems" when they

app that lets your friends answer

a big popularity contest, where

where they write about whatever

they want, whether it be politics,

follow, anything that person or

timeline.

Define: TBH

are picked in a poll.

Facebook								72	2%
nstagram								55%	
SnapChat					1		62%		
/hatsApp						43%			
YouTube		i i i	L.	i i i i i i i i i i i i i i i i i i i	35%				
Twitter			17%						
Pinterest		9%							
lusical.ly		8%							
MySpace	4%								
Google+	3%								
0%	5	10%	20%	30% si	40% hare of respon	50% dents	60%	70%	80%

apps used by children (12-15) in the UK in 2018

Define: Facebook

Facebook is a website which allows users, who sign-up for free profiles, to connect with friends, work colleagues or people they don't know, online. It allows users to share pictures, music, videos, and articles, as well as their own thoughts and opinions with however many people they like.

Define: Snapchat

Snapchat is a mobile messaging application used to share photos, videos, text, and drawings. It's free to download the app and free to send messages using it. There is one feature that makes Snapchat different from other forms of texting and photo sharing: the messages disappear from the recipient's phone after a few seconds.

At its most basic, Instagram is a social networking app which allows its users to share pictures and videos with their friends. Once a user snaps a picture, Instagram filters – of which there are dozens – can transform images in a manner reminiscent of old-fashioned Polaroid prints.

Define: Instagram

Define: TikTok (formally Musical.ly)

TikTok is an app for creating, sharing and discovering short music videos (15 sec), think Karaoke for the digital age. It used by young people as an outlet to express themselves through singing, dancing, comedy, and lipsyncing.

Define: WhatsApp WhatsApp is a messenger app for smartphones. WhatsApp uses the internet to send messages, images, audio or video. The service is very similar to text messaging services, however, because WhatsApp uses the internet to send messages, the cost of using WhatsApp is significantly less than texting.

Define: YouTube

YouTube is a video sharing service where users can watch, like, share, comment and upload their own videos. Users can search for and watch videos, Create a personal YouTube channel, Upload videos to your channel, Like/Comment/share other YouTube videos, Users can subscribe/follow other YouTube channels and users, Create playlists to organize videos and group videos together