

Prayer and Service



Before we pray we make the
Sign of the Cross.

This is a reminder of Christ's
sacrifice for all of us.

A reminder that he suffered and
died to free us from sin.



Pray together.

In the name of the
Father
And of the Son
And of the Holy Spirit,

Amen



Bless us, Oh Lord,
and these thy gifts,
which we are about to receive,
from thy bounty,
through Christ, Our Lord.

Amen



Pray together.

Saint Monica

Pray for us

Saint Teresa

Pray for us



In the name of the Father, And of the Son, And of the Holy Spirit, Amen

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And of the Son
And of the Holy Spirit,

Amen



Dear Lord,

Thank you for food in a world where many know only hunger;
For our faith in a world where many know fear;
For friends in a world where many know only loneliness.

Please bless the food we are about to share, those who prepared it, those who serve it,

For all of this we give you thanks.

Amen



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Saint Monica

Pray for us

Saint Teresa

Pray for us



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And of the Holy Spirit,

Amen



Father of mercy,
we praise you and give you glory
for the wonderful gifts you have given us:
for life and health, for faith and love,
and for the meals we are about to eat.
Father,
we thank you through Christ our Lord.

Amen



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Amen



Dear Lord,

For food that stops our hunger,
For rest that brings us ease,
For homes where memories linger,
We give our thanks for these.

Amen



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Saint Monica

Pray for us

Saint Teresa

Pray for us



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And of the Son
And of the Holy Spirit,

Amen



Lord God and giver of all good gifts,
we are grateful as we pause before our
meal,
for all the blessings of life that you give to
us.

Daily, we are fed with good things,
nourished by friendship and care,
feasted with forgiveness and understanding.
And so, mindful of your continuous care,
we pause to be grateful
for the blessings we have.

Amen.



Pray together.

Saint Monica

Pray for us

Saint Teresa

Pray for us



In the name of the Father, And of the Son, And of the Holy Spirit, Amen