# **Prayer and Service**





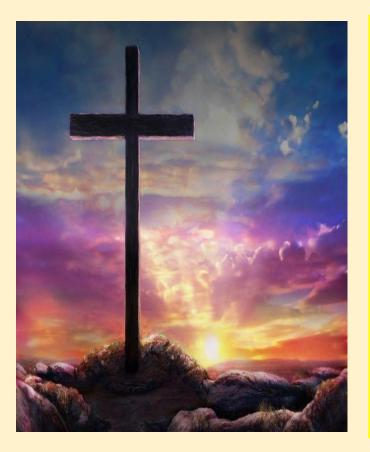
## Monday



Before we pray we make the Sign of the Cross.

This is a reminder of Christ's sacrifice for all of us.

A reminder that he suffered and died to free us from sin.



### Pray together.

In the name of the Father And of the Son And of the Holy Spirit,









Bless us, Oh Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ, Our Lord.



Monday





Pray together.

### Saint Monica

## **Pray for us**

Saint Teresa

**Pray for us** 





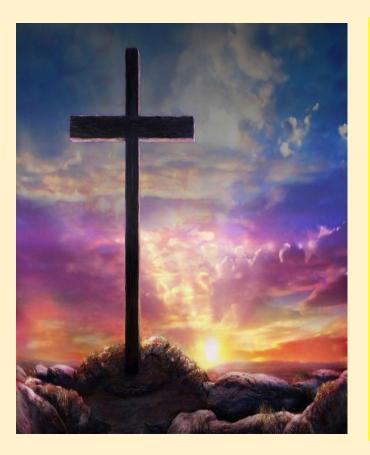




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A reminder that he suffered and died to free us from sin.



#### Pray together.

In the name of the Father And of the Son And of the Holy Spirit,









Dear Lord,

Thank you for food in a world where many know only hunger; For our faith in a world where many know fear; For friends in a world where many know only loneliness.

Please bless the food we are about to share, those who prepared it, those who serve it,

For all of this we give you thanks.









Pray together.

### Saint Monica

## **Pray for us**

Saint Teresa

**Pray for us** 





## Wednesday



Before we pray we make the Sign of the Cross.

This is a reminder of Christ's sacrifice for all of us.

A reminder that he suffered and died to free us from sin.



#### Pray together.

In the name of the Father And of the Son And of the Holy Spirit,



# Wednesday





#### Father of mercy,

we praise you and give you glory for the wonderful gifts you have given us: for life and health, for faith and love, and for the meals we are about to eat. Father,

we thank you through Christ our Lord.



## Wednesday





Pray together.

### Saint Monica

### **Pray for us**

Saint Teresa

**Pray for us** 





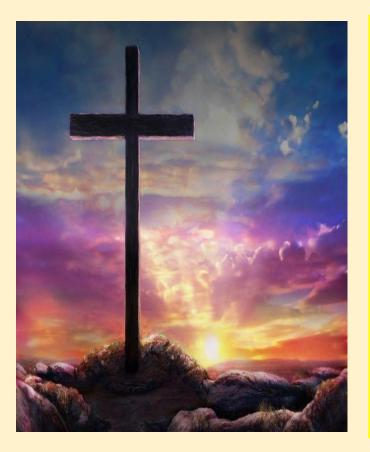
## Thursday



Before we pray we make the Sign of the Cross.

This is a reminder of Christ's sacrifice for all of us.

A reminder that he suffered and died to free us from sin.



#### Pray together.

In the name of the Father And of the Son And of the Holy Spirit,



# Thursday





#### Dear Lord,

For food that stops our hunger, For rest that brings us ease, For homes where memories linger, We give our thanks for these.



## Thursday





Pray together.

### Saint Monica

## **Pray for us**

Saint Teresa

**Pray for us** 





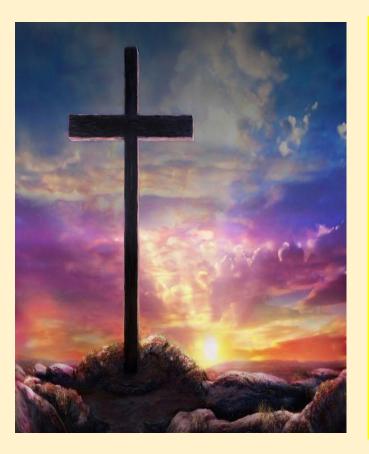




Before we pray we make the Sign of the Cross.

This is a reminder of Christ's sacrifice for all of us.

A reminder that he suffered and died to free us from sin.



#### Pray together.

In the name of the Father And of the Son And of the Holy Spirit,









Lord God and giver of all good gifts, we are grateful as we pause before our meal, for all the blessings of life that you give to US. Daily, we are fed with good things, nourished by friendship and care, feasted with forgiveness and understanding. And so, mindful of your continuous care, we pause to be grateful for the blessings we have.

Amen.









Pray together.

### Saint Monica

### **Pray for us**

Saint Teresa

**Pray for us** 

